

Cedel d'annunzia pils cuors 2026

Antara / Body-Toning e MAX cun Eva Cavelti a Breil

- ☐ 05-01 – 15-06 ☐ Antara 18.30 -19.30 ☐ Functional Training 19.30 - 20.30 per 130.00
- ☐ 09-01 – 19-06 ☐ Functional Training 08.25 - 09.25 per 130.00 ☐ MAX 09.25 - 09.55 per 90.00 (cartas da 10 gadas)

☐ **Saltar Line Dance cun Natalia Deplazes a Danis**

21-01 – 17-06, mesjamna allas 19.30 - 21.00, cuosts: 80.00 (cartas da 10 gadas)

☐ **Feldenkrais cun Yvonne Kobler a Danis**

04-02 (emprema ga) – zercladur, mintgamai mesjamna allas 08.45 – 09.45, cuosts: 24.00/ura

☐ **Tura cun gianellas e sorpresa cun Christian Friberg**

20-02, allas 18.30, cuosts: 15.00

☐ **Decoraziun per pastgas: 3 lieurs e 2 ovs da betun cun Anna Maria Fry**

12-3 ni ils 13-3 allas 19.00 – 22.00, cuosts: 70.- incl. material

☐ **Repetiziun 1. agid e BLS/AED cun Annetta Aliq**

avrel / matg, allas 13.30 – 16.30, cuosts: 30.00

☐ **Cuors da far cosmetica naturala (peelings, balsam per las levzas eav. cun Lea Cavegn**

matg, 1 sera 2 uras, cuosts: 30.00 excl. material

☐ **Viseta tier la tratga da pèschs da Fabian Steger a Danis**

primavera, 1 suentermiezdi, cuosts: 20.00 cun apéro

☐ **Viseta tier SRF a Turitg cun Julia Tobler**

29-08, entir di (details suondan)

☐ **Workshop per affons “cianotipia – in sempel proceder fotografic” cun Annadora Friberg**

fin uost, 1 suentermiezdi ordaviert, ca. 13:00 – 16:00, cuosts: 20.00 incl. material

☐ **Zambergiar cun arschella tier Claudia Wolf a Trun**

atun, 4 seras à 2 ½ uras, cuosts: 180.00 excl. material

Antara / Body-Toning cun Eva Cavelti a Breil

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☐ **Saltar Line Dance cun Natalia Deplazes a Danis**

uost-december, mesjamna allas 19.30 - 21.00, cuosts: 80.00 (cartas da 10 gadas)

- ☐ **Feldenkrais cun Yvonne Kobler a Danis**
atun/unviern, mesjamna allas 08.45 – 09.45, cuosts: 24.00/ura
- ☐ **Cuors da “Bachblüten” cun Fabienne Dick**
settember, 1 sera 19:30 – 21:30, cuosts: 20.00 (+mischeida 10.00)
- ☐ **Cuschinar “aperos e desserts” per umens e dunnas cun Brigitta Lüönd a Glion**
october, 1 sera, allas 19.00 - 22.00, cuosts: 25.00 + victualias ☐ miu um/partenari pren era part
- ☐ **Viseta tier mazlaria Schmed, pasternaria Gabriel e cascharia a Breil**
atun, in suentermiezdi (infos suondan)
- ☐ **Tips e trics pigl auto en la garascha Pino a Tavanasa**
fin october, 1 sera allas 19:00 – 21.00, cuosts: 20.00 cun apèro

solver communabel 2027: infos suondan el FUS

Returnar il cedel entochen dumengia, ils 22 da fevrer 2026 a Corina Cavegn, Via Pundual 11

Tel: 076 466 49 49 E-Mail: theo.cavegn@kns.ch

Num e prenum:

E-mail Tel.....

Giavischs per igl onn 2027:

Il cuors ni las occasiuns san vegnir organisai mo sche nus havein avunda annunzias.

L'annunzia ei ligionta. Sch'enzatgi dat giu il cuors, duei ella mirar per in substitut, en l'auter cass sto il cuors vegnir pagaus.

Ti sas era s'annunziar via QR-Code per ils cuors.

