

## Cedel d'annunzia pils cuors 2024

**Saltar Line Dance (plausch) cun Natalia Deplazes a Danis**

10.01. – 19.06. dallas 19.30 - 21.00 uras, cuosts: 80.00 (cartas da 10 gadas)

**Antara / Body-Toning e MAX cun Eva Cavelti a Breil**

- 15.01. - 17.06.  Antara 18.45 -19.45,  Body 19.45 - 20.45 per 130.00  MAX 20.45 - 21.15 per 90.00 (cartas da 10 gadas)  
 19.01. - 21.06.  Body 08.30 - 09.30 per 130.00  MAX 09.30 - 10.00 per 90.00 (cartas da 10 gadas)

**Feldenkrais cun Yvonne Kobler a Danis**

08.03. - 21.06. dallas 09.00 – 10.00 uras, 200.00 per 10 gadas

**Sera da cumpignia cun dar rudialas ed ira a tscheina**

lils 15.03., cuosts: 10.00 senza tscheina

**Desserts mexicans per umens e dunnas cun Jahzel Casanova a Danis**

Matg , 1 sera 19.00 – 22.00 uras, cuosts: 20.00 + victualias

Num.....

**Cuors da fermentar cun Fatmir Spescha el Puntreis a Mustér**

Matg/zercl., 1 sera, 19.00 - 22.30 uras, cuosts: 60.00 incl. victualias/bubrondas (senza alcohol) e 2 glas per prender a casa

**Musical Heidi a Walenstadt**

lils 20.06., la sera, cuosts: 80.00

**Secchentar jarvas e far en ieli cun Rita Caduff a Danis**

Davos d'uost, ina sera, cuosts: 25.00 + 17.00 material

**Excursiun da bulius cun Lia Heini a Breil**

Uost/settember, in suentermiezdi, cuosts: 50.00

**Sault e moviment cun Lea Cavegn e Selina Fontana a Breil 2. - 6. classa**

Settember, 5 dumengias, 17.00-18.00 uras, cuosts: 100.00

Num.....

Annada .....

**Antara / Body-Toning cun Eva Cavelti a Breil**

- Settember,  Antara 18.45 - 19.45  Body 19.45 - 20.45 per 130.00  MAX 20.45 - 21.15 per 90.00 (cartas da 10 gadas )  
 Settember,  Body 08.30 - 09.30 per 130.00  MAX 09.30 - 10.00 per 90.00 (cartas da 10 gadas )

☐ **Saltar Line Dance (plausch) cun Natalia Deplazes a Danis**

Settember, la mesjamna, 19.30 - 21.00 uras, cuosts: per 80.00 (cartas da 10 gadas)

☐ **Feldenkrais cun Yvonne Kobler a Danis**

Settember, gliendisdis dallas 09.00 – 10.00 uras, cuosts: 200.00 per cuors (10 gadas )

☐ **Far in canaster da lenn salisch (Weidenrute ) cun deco d'atun cun Theolinda Wolf a Dardin**

Settember, 19.30 - 22.30 uras, cuosts: cuors cun caglias 60.00 excl. material

☐ **Cuschina sperta e semplia per umens e dunnas cun Brigitta Lüönd a Glion**

October, 1 sera 19.00 - 22.00 uras, cuosts: 25.00 + victualias

Num:.....

☐ **Crear maletgs cun Anna Maria Fry- Moltoni a Dardin**

Entschatta november, 19.30 - 23.00 uras, cuosts: 75.00 incl. material

☐ **Zambergiar in ring cun fildirom cun Rita Cathomas Caduff**

November, 1 sera, 19.00 – 22.00 uras, cuosts: 65.00 incl. material

➤ **Solver communabel 2025. Infos suondan el FUS**

Returnar il cedel tochen dumengia, ils 25 da fevrer 2024 a Corina Cavegn, Via Pundual 11

Tel: 076 466 49 49 E-Mail: [theo.cavegn@kns.ch](mailto:theo.cavegn@kns.ch)

**Num e prenum:** .....

**E-mail** ..... **Tel.**.....

**Giavischs per igl onn 2025:** .....

***Il cuors ni las occasiuns san vegnir organisai mo sche nus havein avunda annunzias.***

**Sch'enzatgi dat giu il cuors, duei ella mirar per in substitut, en l'auter cass**

**sto il cuors vegnir pagaus.**